

BERNIE & SKY: WHY YOU SHOULD COME TO OUR RETREAT(S)

Short answer: Because we're really good at what we do and you deserve to give yourself that experience.



- *"I go to twelve or fifteen Dance and Sufi retreats a year, and Bernie and Sky's are by far the best, with the most heart of any of them."*
- *"Other regional retreats do not have the caliber of leadership that your retreats do."*
- *"You guys rock."*

We, individually and together, have been organizing and leading at Dance retreats for so long that we (apparently) don't realize how well we do what we do. People are continually amazed by our camps.

"What we do" = dance leading and musicianship; creating explosive joy and deep attunement; allowing space for the community to co-create and offer their wisdom; creating a container that holds everyone with care and compassion; skillfully organizing events; being present with everyone.

Consider this as well:

- We try to keep costs as low as possible and are always seeking venues that are not terribly expensive.
- You can bring your own food; the registration fee generally does not include provided meals (ok, so there is an exception every now and then).
- Camping, onsite lodging and offsite lodging are always options.
- Our events are community co-created events, on purpose.
- We create joy, both in expansive ways and in deep attunements. Our Dance sessions are usually high energy, and we have solid musical support.
- Our camps have attracted a group of musicians that create a groove that merges with the groove of the dancers and raises the energy of the dance experience.
- We're none of us getting any younger. If not now, when?

If this speaks to you, join us at an upcoming retreat or event. Appreciation can also be demonstrated by a donation (via PayPal or Venmo) as "gratitude dana" to Sky's account. Blessings on you all, we hope to see you soon.

More about us:



Bernie has been leading for nearly 30 years, was a founding leader at the original Canyonlands Camp, is on staff for Wilderness Camp, started the Puerto Morelos Winter Dance retreat, and has led at other events in the US, Europe and Russia. He is a master at explosive joy and wild energy, but underneath that apparent frivolity he is always guiding us into the presence of "Presence." He is able to do this without a lot of talking, though he is quite skilled at setting up a Dance, and can hold a huge space for everyone to first expand into and then to sink into the depths of their own soul experience. He brings a lot of joy, laughter and music circles to his events.

Sky is as skilled a Dance leader, offering wisdom and clarity of attunement and direction, another way into the same depth. She holds a huge container in a Dance circle, and a heart space for everyone in the circle. Some years ago she began sharing wisdom and insight in the Deeper Dance conversations at retreats while also creating a space for others' wisdom to come forth. She has been leading for nearly 25 years, has staffed at every Canyonlands Camp, co-founded the Troncones retreats, started the Catalina Retreat, has worked for both DUP IN and DUPNA, and has led at retreats all over the US as well as Mexico. She encourages music, more music, at all her events.



Bernie and Sky are both active mentors in the DUP Leaders Guild and accomplished guitarists as well as Dance Leaders. They lead together at 4 or 5 retreats a year, as well as in separate venues. Their organizational skills in setting up events are amazing (they also know how to pick good staff to work with).